







Research shows that the use of aromatherapy is a simple, low-risk method to reducing QUEASINESS.¹ We are evaluating the efficacy of aromatherapy at our facility. Please fill out the form below if you would like to participate in the evaluation. This is completely free of charge and will hopefully offer you a positive experience.

Name: _____







1. Would you like to experience aromatherapy to reduce queasiness? YES NO UNSURE
2. Do you have any citrus allergies? YES NO UNSURE

If you would like aromatherapy, please circle your level of queasiness PRIOR to using aromatherapy:

	0	1	2	3	4	5
Queasiness Level	None	Mild	Mild-Moderate	Moderate	Moderate-High	Highest
Faces						

Cao X, Yumul R, Elvir Lazo OL, Friedman J, Durra O, Zhang X, et al. (2017). "A novel visual facial anxiety scale for assessing preoperative anxiety" PLoS One. 2017 Feb 14;12(2):e0171233. doi: 10.1371/journal.pone.0171233.

Please rate your queasiness at least 10–15 minutes AFTER the using aromatherapy:

	0	1	2	3	4	5
Queasiness Level	None	Mild	Mild-Moderate	Moderate	Moderate-High	Highest
Faces						

Cao X, Yumul R, Elvir Lazo OL, Friedman J, Durra O, Zhang X, et al. (2017). "A novel visual facial anxiety scale for assessing preoperative anxiety" PLoS One. 2017 Feb 14;12(2):e0171233. doi: 10.1371/journal.pone.0171233.



3. Do you feel Elequil aromatabs® contributed to helping you feel less queasy? YES NO UNSURE

Thank you for your participation!


For facility use only. Do not return to Beekley Medical®.

¹ Lane B, Cannella K, Bowen C, Copelan D, Nteff G, Barnes K, Poudevigne M, Lawson J. "Examination of the Effectiveness of Peppermint Aromatherapy on Nausea in Women Post C-Section". Journal of Holistic Nursing. 2012, June:30(2):90-104.

Warnings and Precautions

- External use only; do not ingest or swallow
- Do not use if sensitive or allergic to plants as essential oils are natural aromas derived from plants
- Intended for placement on clothing
- To prevent possible skin irritation:
do not place directly on skin
- Do not reuse 
- Discard after use
- Latex-free
- Non-sterile 
- Metal/Foil-free (safe for intraoperative phase)

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